

# Waynesville High/Middle School

## Alateen Support Group

### Permission Form

Alateen is part of Al-Anon Family Groups. Alateen is a fellowship of young Al-Anon members, usually **teenagers, whose lives have been affected by someone else's drinking/addiction**. Alateen groups are sponsored by Al-Anon members who help the group to stay on track. Alateens come together to:

- share experiences, strength, and hope with each other
- discuss difficulties
- learn effective ways to cope with problems
- encourage one another

It's very difficult when a parent, stepparent, grandparent, friend, sibling, or anyone else in one's life has a drinking/addiction problem. It affects how young people are treated and it shapes their world. Alateen meetings are where teens can find support and understanding from people their own age who are going through similar difficulties.

Waynesville Middle/High School is offering Alateen, a support group for students that typically meets twice a month. This group will meet at rotated times on Tuesdays throughout the school year. Please sign the permission form and **return it to the guidance office**.

\_\_\_\_\_ I give permission for my son/daughter \_\_\_\_\_  
(grade)\_\_\_\_\_ to attend the Alateen support group at Waynesville High/Middle School.

**Student Signature** \_\_\_\_\_

**Parent/Guardian's  
Signature** \_\_\_\_\_

**Date** \_\_\_\_\_